**IXCHEL Invites You!
Full Moon Spiritual Bath at THE NUMBER NINE**

**WHAT IS SPIRITUAL BATHING?**

***“Deep within their roots, flowers hold the light.”***

**Spiritual Bathing is an ancient Mayan healing technique to re-connect, re-balance, and restore your life-force energy, what the Maya call “ch’ulel”. By harnessing the vibrational power of water under the full moon, energy is raised to a healing level and then infused with prayers, plants, and intention.**

**IDEAL FOR: YOU…SOMEONE YOU LOVE…. PRE- AND POST-SURGERY…. GRIEF FROM LOSS OF LOVED ONE… MOVING FORWARD….. LETTING GO…..REFRESHING YOURSELF**

**WHAT CAN I EXPECT?**

**$160 for a 1.5 to 2 hour treatment that includes:**

* **PRE-INTERVIEW: via email/phone to identify you would like to work on**
* **INTAKE: explain the day, review work, aura clearing with basil, change into sarong**

**CEREMONY/RITUAL: prayers, copal, infused water aspersion**

**QUIET MEDITATION: encouraged to sit quietly as long as you need to integrate the work**

**MASSAGE – 10 minutes of complimentary massage (up to 45 additional minutes can be booked extra if desired)**

**RE-GROUNDING – change, light nourishment and tea, Discussion if desired.**

**ALSO INCLUDED: Use of pool, spa, sauna, labyrinth, garden, and visits to the golden temple (ask me) on the premises for the day of your treatment. Let THE NUMBER NINE inspire you; write a journal, compose a poem, dance a dance, swing in the hammock, connect with your inner light. Come early; stay late.**

**WHO IS THE PRACTITIONER?**

**Jan Scott has an expansive education in the healing arts, studying Spiritual Healing with Rosita Arvigo in the rain forests of Belize and additional trainings with Rocia Alarcon of Ecuador. Please visit her website to find out more about her and this rarely offered treatment at** [**http://www.spiritualbathing.com/index.html**](http://www.spiritualbathing.com/index.html)**.**

**WHAT’S THE NUMBER NINE?**

**THE NUMBER NINE is a 5 acre property in Sky Valley, 20 to 30 minutes from other desert cities. Its purpose is to provide a peaceful and affordable space for artists to work on projects;**  **from dreaming the dream to showing the work. For healing artists, like Jan, it's a space to offer their work to clients**.

**ARE YOU INTERESTED?**

**Let me know which day of the full moon, October 19 or 20, you are available. There is only room for 8 people; 4 each day. Please pass this on to anyone you think might be interested and might benefit. If you are not available for this date, let me know if you would be interested for Nov 16 or 17.**

**Elin Holmberg**

**THE NUMBER NINE**

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